

Ingredients:

- Goldfish crackers
- M&Ms
- Animal crackers
- Pretzels
- Raisins
- Mini marshmallows
- Chex cereal

Pick ingredients that you think taste yummy.

Directions:



Pour your ingredients into a large bowl.



Stir with a spoon.



Put the mix into baggies or jars.



Give to your friends and family!



Autism Society
of NORTH CAROLINA

Small Batch Oatmeal Chocolate Chip Cookies

This recipe comes from the IGNITE program, where young adults with high-functioning autism and Asperger's Syndrome are working toward independence. These cookies are easy to make, only require one bowl, and ready in about 30 minutes!

Prep Time: 15 minutes

Cook Time: 10 minutes

Total Time: 25 minutes

Yields: 9 cookies



Ingredients:

3 tablespoons unsalted butter softened

3 tablespoons brown sugar

1 tablespoon granulated sugar

1 egg yolk

1/4 teaspoon vanilla extract

1/3 cup all-purpose flour (spooned & leveled)

1/4 teaspoon baking soda

1/8 teaspoon salt

1/2 cup old-fashioned rolled oats

1/2 cup semisweet chocolate chips

Instructions:

1. Preheat oven to 350°F.
2. Line a baking sheet with parchment paper or spray it with nonstick spray.
3. Get bowl out of cabinet.
4. Add 3 tablespoons butter to bowl.
5. Add 3 tablespoons brown sugar to bowl.
6. Add 1 tablespoon granulated or white sugar to bowl.
7. Use electric mixer (on the lowest setting) to mix until it is light and fluffy.
8. Add 1 egg yolk to bowl.
9. Add ¼ tablespoon vanilla extract to bowl.

10. Use a fork to mix until well combined (about 2 minutes), scraping down the sides of the bowl as needed.
11. Add 1/3 cup all-purpose flour to bowl.
12. Add ¼ teaspoon baking soda to bowl.
13. Add pinch of salt to bowl.
14. Use a fork to mix until everything is fully combined.
15. Add ¼ cup oats to bowl.
16. Add ¼ cup chocolate chips to bowl.
17. Mix well until oats and chocolate chips are fully combined into the dough.
18. Scoop out two tablespoon-sized pieces of dough onto the prepared baking sheet. You should end up with 8-9 cookies.
19. Carefully put baking sheet into oven.
20. Set timer for 9 minutes. Bake at 350°F for 9-11 minutes.
21. While this is cooking, clean your bowl, utensils, and workspace using soap and water.
22. Remove the cookies from the oven using a potholder and cool on the baking sheet for 5 minutes.



Chocolate Chip Cookies Visual Recipe

STEP 1: Gather all your ingredients



1 cup



1 cup



1/4 cup



1 teaspoon



1 pinch



3/4 cup



3/4 cup



unsalted, softened



unsalted, softened



1 teaspoon



chocolate chips



1 cup



1 cup

Directions continued:

STEP 2:

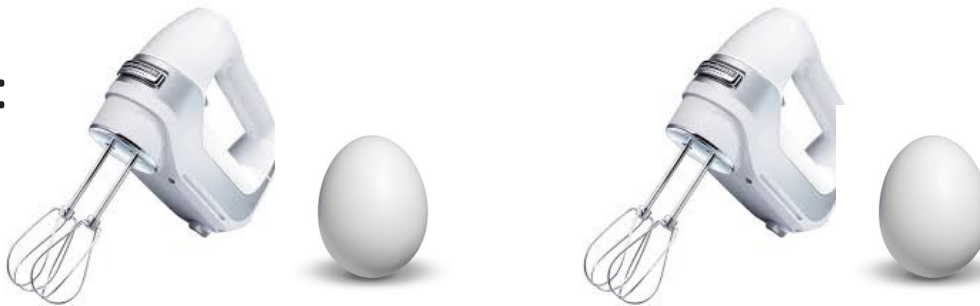


Preheat oven to 375°F.
(Ask an adult for help)

STEP 3:



STEP 4:



STEP 5:



Directions continued:

STEP 6:



STEP 7:



STEP 8:



Spoon onto baking sheet
and bake for 10 minutes or
until golden brown.



Enjoy!