

## Getting a COVID Vaccine Shot

(2 shot version)

This social narrative is designed to support caregivers/ professionals and others in filling in specific information within the blank areas. As with any social narrative, these are often most effective when written to meet individual needs and specific situations.

COVID-19 is a virus that can make people very sick. A COVID vaccine shot puts medicine into my body to keep me from getting COVID-19. I am going to get a COVID-19 vaccine. Here is what will happen when I get my vaccine:

Fold page here to follow along

The COVID vaccine is two shots.



I will get my first COVID vaccine shot on one day, and then will get the second shot about

days later.



I will get my shot at the doctor's office, pharmacy, or another place.

I will wait for my turn.



I will roll up my sleeve.



The nurse or doctor will wipe my skin a few times to clean it first.



I will keep my arm still.



The nurse or doctor will put the shot in my arm with a small needle.

I can keep my body calm by listening to music, closing my eyes, watching a video,

or .

1-2-3

It will take a few seconds for the shot to go into my arm.

I might feel a quick pinch.

It will be over fast.



Then the nurse or doctor will put a band-aid on my arm.



Then it is all done.



They will ask me to stay about 15 minutes to make sure I feel good before going home.



I might have a sore arm, headache, or feel tired for a day or two after getting the shot.

I will be ok!

Fold page here to follow along



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Fold page here to follow along



I will go to the doctor's office.



The nurse or doctor will put the shot in my arm with a small needle



I will wait for my turn.

1-2-3

It will be over fast.



Then the nurse or doctor will put a band-aid on my arm.



I will keep my body still.



Then it is all done.



## Getting a COVID Vaccine Shot

(1 shot version)

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