Getting a COVID Vaccine Shot
(2 shot version)

COVID-19 is a virus that can make people very sick. A COVID vaccine shot puts medicine into my body to keep me from getting COVID-19. I am going to get a COVID-19 vaccine. Here is what will happen when I get my vaccine:

The COVID vaccine is two shots.

I will get my first COVID vaccine shot on one day, and then will get the second shot about ______days later.

I will get my shot at the doctor’s office, pharmacy, or another place.

I will roll up my sleeve.

The nurse or doctor will wipe my skin a few times to clean it first.

I will keep my arm still.

The nurse or doctor will put the shot in my arm with a small needle.

I will wait for my turn.
I can keep my body calm by listening to music, closing my eyes, watching a video, or __________________________.

1-2-3

It will take a few seconds for the shot to go into my arm.

I might feel a quick pinch.

It will be over fast.

Then the nurse or doctor will put a band-aid on my arm.

They will ask me to stay about 15 minutes to make sure I feel good before going home.

I might have a sore arm, headache, or feel tired for a day or two after getting the shot.

I will be ok!

☑️ Done!

Then it is all done.
Getting a COVID Vaccine Shot

COVID-19 is a virus that can make people very sick. A COVID vaccine shot puts medicine into my body to keep me from getting COVID-19. I am going to get a COVID-19 vaccine. Here is what will happen when I get my vaccine:

I will go to the doctor’s office.

The nurse or doctor will put the shot in my arm with a small needle.

1-2-3

It will be over fast.

Then the nurse or doctor will put a band-aid on my arm.

Then it is all done.

I will wait for my turn.

I will keep my body still.
Getting a COVID Vaccine Shot
(1 shot version)

COVID-19 is a virus that can make people very sick. A COVID vaccine shot puts medicine into my body to keep me from getting COVID-19. I am going to get a COVID-19 vaccine. Here is what will happen when I get my vaccine:

I will roll up my sleeve.

I will wait for my turn.

I will get my shot at the doctor’s office, pharmacy, or another place.

The nurse or doctor will wipe my skin a few times to clean it first.

I will keep my arm still.

I will roll up my sleeve.

The nurse or doctor will put the shot in my arm with a small needle.
I can keep my body calm by listening to music, closing my eyes, watching a video, or __________________________.

1-2-3

It will take a few seconds for the shot to go into my arm.

I might feel a quick pinch.

It will be over fast.

Then the nurse or doctor will put a band-aid on my arm.

Then it is all done.

They will ask me to stay about 15 minutes to make sure I feel good before going home.

I might have a sore arm, headache, or feel tired for a day or two after getting the shot.

I will be ok!