

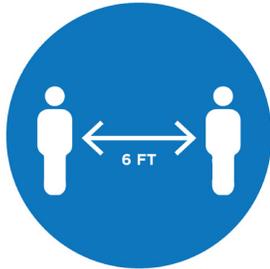
Wearing a mask when family visits



Coronavirus is a sickness that can make me cough, have a fever, and feel tired.

Coronavirus can also make my family and friends very sick.

One way to stop people from getting sick is to wear a mask.



My family is coming over to visit us.

When my family comes to our house to visit, we will need to stay six feet apart from them.

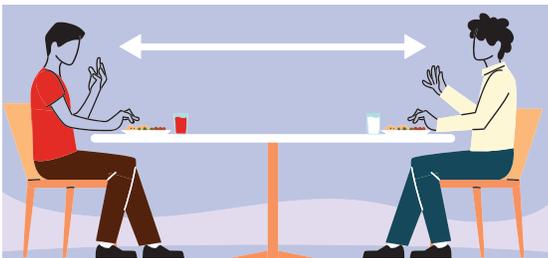
This can be hard to do, but we have to follow these rules so we do not spread germs right now.



When my family comes to our house to visit, we also have to wear a mask even when we are inside of our home.

We will put it on before they come into our home.

We will take it off after they leave the home.



We don't have to wear the masks when we are eating together.

We might move our chairs further apart while we eat, or maybe we will sit outside if the weather is nice.



I can take a break alone in my room when I need to. I don't have to wear my mask there.

When coronavirus is over, we won't have to wear masks during visits anymore.



Wearing a mask when family visits

(Insert a photo of your
grandparents here)

My grandparents are coming
to my house.



I love my grandparents and they
love me.



I will wear a mask when they are
at my house.



I will take off the mask after
they leave.



I can take a break alone in my
room when I need to. I don't have
to wear my mask there.

Fold page here to follow along



Autism Society
of North Carolina

Staying home for the holidays



My family and I usually travel for the holidays.

But this year, we cannot travel.

This means we might not get to see our family members who live in other places.



We have to stay home, because of coronavirus.

We do not want to get sick.



Even though we will stay at home, we will have lots of fun.



We will get to travel again one day, after coronavirus is over.

We will be ok.

My family can't visit us this year



During the holidays, our family usually comes to our house to visit us.

But this year, our family cannot come to visit us.

This means we might not get to see our family members who live in other places.



They have to stay home, because of coronavirus.

We do not want to get sick, and they do not want to get sick.



Even though they cannot come to our house to visit us, we can talk to them on the phone and see them on video calls.



We will all be together again one day, after coronavirus is over.

We will be ok.



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The holidays will still be fun

Paste or draw images or write words of activities that your family will be able to do during the holidays this year.

Will be the Same

Will be New

