

To best utilize this narrative, cut along the dotted lines and staple the pages together in numerical order to create a small booklet.

*Please note that that these are just examples. As with all social narratives, these should be individualized to best fit the person's situation and level of understanding. The words and images should be carefully selected.*



## I am going to live with a foster family

①



I had to move out of my home.

I had to move away from my biological family.

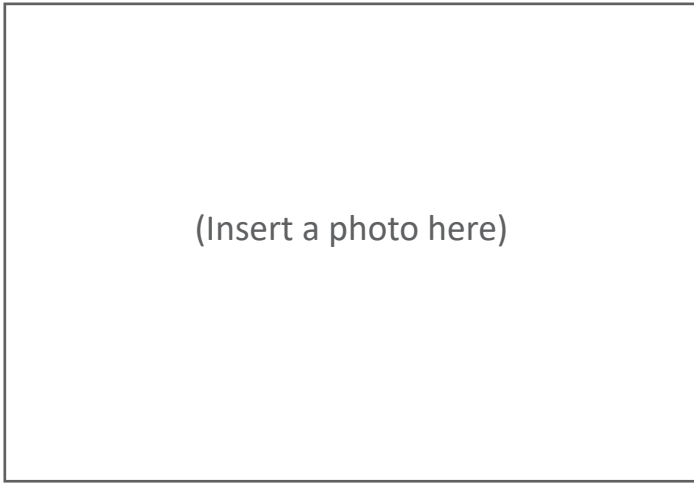
I had to move because my family could not keep me safe.

A judge and other adults who care about me decided this because they all wanted me to be safe.

This is not my fault.

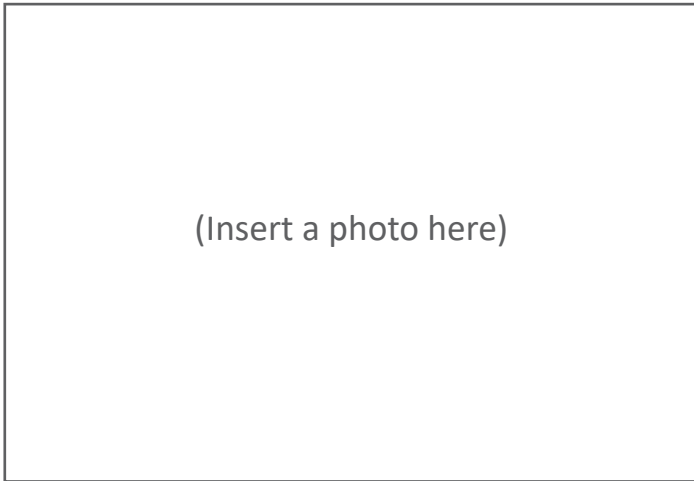
I deserve to be safe and happy.

②



I moved to a foster home.  
This is where I will live for now.  
This family who lives with me is called a foster family.  
It is their job to take care of me.  
It is their job to keep me safe.

③



I might get to visit with my biological family sometimes.  
After these visits, I will go back to my foster home.  
One day, I might get to live with my biological family again.  
Or, I might stay with my foster family.  
A judge and other adults who care about me will decide.

④



It is ok to feel very sad and mad about this.  
I deserve to be safe and happy.  
I am a wonderful child.  
I am loved.

⑤

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Autism Society  
of North Carolina

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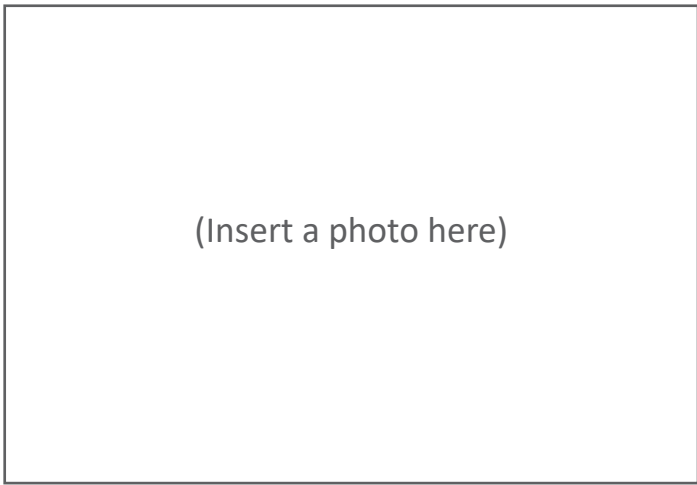
I had to move because my family could not keep me safe.

A judge and other adults who care about me decided this because they all wanted me to be safe.

This is not my fault.

I deserve to be safe and happy.

②



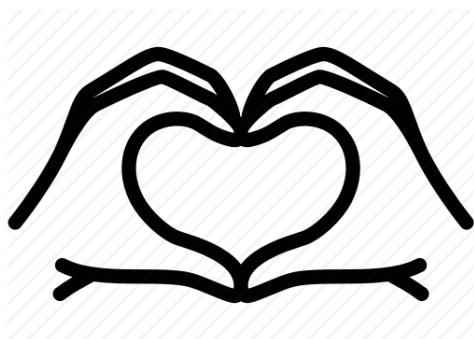
I moved to a foster home.  
This is where I will live for now.  
This family who lives with me is called a foster family.  
It is their job to take care of me.  
It is their job to keep me safe.

③



I won't be able to see my biological family anymore.  
They were not able to keep me safe.  
It is ok to feel very sad and mad about this.

④



I deserve to be safe and happy.  
I am a wonderful child.  
I am loved.

# I will be adopted

①



I had to move out of my home.

I had to move away from my biological family.

I had to move because my family could not take care of me.

A judge and other adults who care about me decided this because they all wanted me to be safe.

②

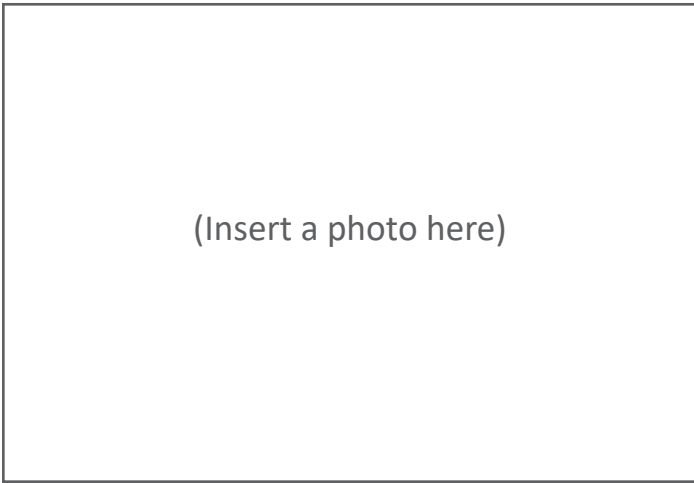


This is not my fault.

It is ok to feel very sad and mad about this.

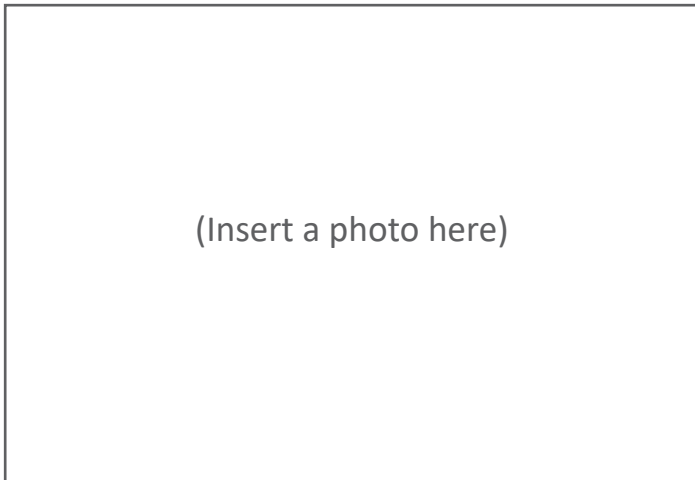
I deserve to be safe and happy.

③



My biological family will  
always love me.

④



I moved to a new home with a  
different family.

This is where I will live.

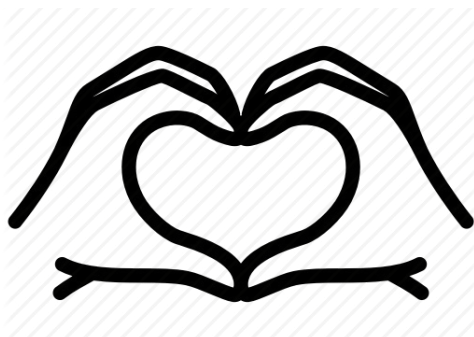
This family wants to adopt me.

It is their job to take care of me.

It is their job to keep me safe.

They will love me forever.

⑤



I deserve to be safe and happy.

I am a wonderful child.

I am loved.

⑥

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## My biological mother

①



(Insert a photo here)

My biological mother is the person who gave birth to me.

I grew inside of her before I was born.

She gave birth to me.

She is my birth mother.

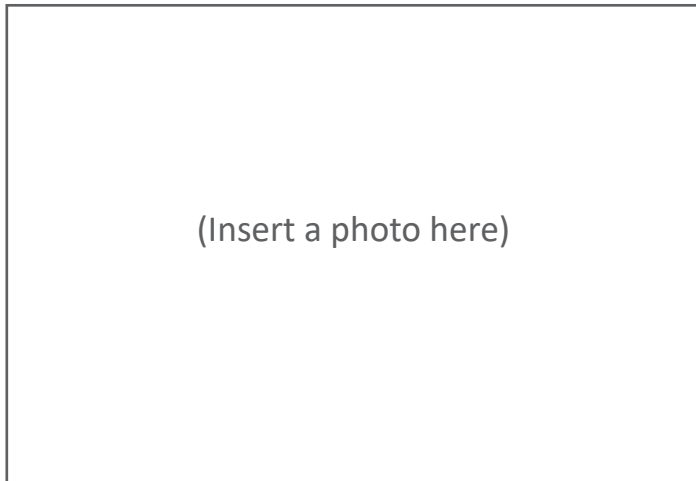
She is in my biological family.

②



I do not live with her anymore.  
She will always love me.  
She wants me to be safe and happy.

③



(Insert a photo here)

Now I live with my adoptive family.  
My adoptive family will take care  
of me.  
They chose to love me forever.

④

