

Going to bed

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My bedtime is ______



When the clock says ______or my parents tell me to go to bed, it's time to get into my bed.



I will close my eyes and lie in my bed until I fall asleep.



In the morning, I need to wake up at



When I hear my alarm go off at _____ or my parents tell me to get out of bed, I should get out of my bed and get ready for my day.