John in a Nutshell

John’s strengths:
Smart, silly, good at anything electronic, strong memory skills, easy going

John’s interests:
Theme parks, fire works, Disney, roller coasters, anything silly, electronics, maps

Dislikes:
Erasing, uncertainty and the unknown, difficult tasks with complex directions, sitting for an extended time (45 min or more)

Strange or inappropriate things John may do:
Sleep or put head down
Flick the back of his hair and make an ooooing noise when excited OR frustrated
Blurt out answers or irrelevant words
Rock
Hold his ears
Play with straws

Things that are difficult for John:
Independently following a new schedule
Attending and listening to lectures (long lesson)
Organizing his materials
Keeping thoughts to himself
Understanding some questions
Stopping in the middle of something
Conversing or having a conversation/speaking in complete sentences
Initiating social interaction
Using a pencil (he uses erasable pens)

What to do:
**Be familiar with his strategies
Visual Structure: schedules, structured worksheet, graphic organizers, prompts, detailed descriptive directions
  • He needs a straw and/or gum (supply in his bookbag) WHILE he is listening, not as a reward!
  • Have him type notes in his portable note taker during a lecture to help him stay focused
  • A 5-minute break a couple of times during a class period
  • Make questions very clear and concise
  • Structured worksheets that he can follow and fill in the blanks

I am available via email or in person for any assistance.
in a Nutshell

Strengths:
___________________________________________________________________________________________
____________________________________________________________________________________________________

Interests: _____________________________________________________________________________________
____________________________________________________________________________________________________

Dislikes: _______________________________________________________________________________________
____________________________________________________________________________________________________

Strange or inappropriate things _____________ may do: ________________________________________________
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Things that are difficult for _____________: __________________________________________________________
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What to do: ______________________________________________________________________________________
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Autism Society
of NORTH CAROLINA