Lifting the Mask Mandate

COVID-19 makes people sick.

I have had to wear a mask.
Other people have had to wear masks.

The rules are changing about masks.
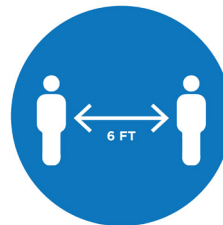
I don't have to wear a mask at _____,
_____, _____ anymore.

Fold page here to follow along

This is good news! This means that not many people are getting sick from COVID-19!

I can still wear a mask if it makes me feel safe.

I can still stand 6 feet away from other people.

6 FT

I should still wash my hands.

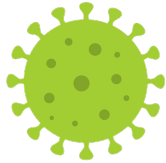It is a good thing that I don't have to wear a mask anymore!

Lifting Mask Mandates
(for vaccinated individuals)

COVID-19 is a virus that can make people sick.

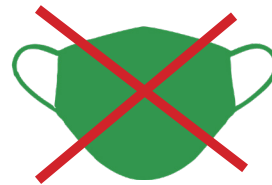People have been wearing masks for the last two years.

I have worn a mask to keep myself and other people safe.
Wearing a mask was the rule when COVID-19 was spreading to a lot of people.

Fold page here to follow along

So many people had COVID-19 that it was an emergency. Good news!
There are not many people getting sick with COVID-19 now!
A lot of people got the COVID-19 shot, which helps keep them safe.
A lot of people already had COVID-19 which will help keep them safe.

The rules about masks are changing.

There will be a lot of places that do not require masks anymore.

This is a good thing!

Lifting Mask Mandates
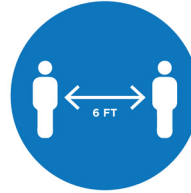
(for vaccinated individuals–continued)

It might make me nervous that people will not be wearing masks now.
It is okay to be nervous.

I got the COVID-19 shot which will help keep me safe from getting sick. I can still wear a mask if it makes me feel safe.

I may still have to wear a mask in some places like the doctor's office. _____ will let me know where I have to wear a mask.

Fold page here to follow along

I can still stand six feet away from people if that makes me feel safe.

I should still wash my hands.

Not many people are getting sick from COVID-19 anymore.

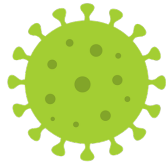It is a good thing that we don't have to wear masks anymore!

Autism Society
of North Carolina

Lifting Mask Mandates
(for unvaccinated individuals)

COVID-19 is a virus that can make people sick.
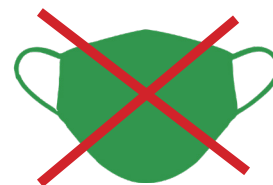
People have been wearing masks for the last two years.

I have worn a mask to keep myself and other people safe.
Wearing a mask was the rule when COVID-19 was spreading to a lot of people.

Fold page here to follow along

So many people had COVID-19 that it was an emergency. Good news! There are not many people getting sick with COVID-19 now!
A lot of people got the COVID-19 shot, which helps keep them safe.
A lot of people already had COVID-19 which will help keep them safe.

The rules about masks are changing.

There will be a lot of places that do not require masks anymore.

This is a good thing!

Autism Society of North Carolina

Lifting Mask Mandates
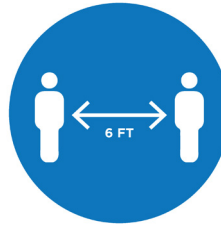(for unvaccinated individuals–continued)

It might make me nervous that people will not be wearing masks now.
It is okay to be nervous.

I can still wear a mask if it makes me feel safe.

I may still have to wear a mask in some places like the doctor's office. _____ will let me know where I have to wear a mask.

Fold page here to follow along

I can still stand six feet away from people if that makes me feel safe.

I should still wash my hands.

Not many people are getting sick from COVID-19 anymore.

It is a good thing that we don't have to wear masks anymore!