

My Meeting Plan



There will be a meeting.



The meeting will be on _____
(date/day of week) at _____ (time).

This is who will be at my meeting:

Instruction to caregiver:
Insert pictures of known individuals here, with typed names underneath

Instruction to caregiver:
Insert picture of individual here

We will talk about ME!



We will talk about my strengths and things I am good at: _____

Fold page here to follow along



We will talk about things I enjoy doing:

My Meeting Plan (Continued)



We will talk about skills that I need to learn to be happy and safe: _____



What helps me to learn and to be safe?

Fold page here to follow along

Instruction to caregiver:
Insert picture of break activities here if relevant

During the meeting, if I need a **break**, I can: _____



The meeting will last about _____
(insert duration here)