My Meeting Plan

There will be a meeting.

The meeting will be on ______________ (date/day of week) at _________ (time).

This is who will be at my meeting:

Instruction to caregiver:
Insert pictures of known individuals here, with typed names underneath

We will talk about ME!

We will talk about my strengths and things I am good at: _______________

We will talk about things I enjoy doing:

Instruction to caregiver:
Insert picture of individual here
We will talk about skills that I need to learn to be happy and safe:
__________________________________
__________________________________
__________________________________

What helps me to learn and to be safe?
__________________________________
__________________________________
__________________________________

Instruction to caregiver:
Insert picture of break activities here if relevant

During the meeting, if I need a break, I can:
__________________________________
__________________________________
__________________________________

The meeting will last about ___________
(insert duration here)