

# Becoming a Big Brother



I am going to be a big brother!  
This means mom is going to have a new baby.



This is exciting!  
But there will be a lot of  
changes in my house.



Mom and dad may be busy with the new baby.



They still love me and I will still get  
special time with them.



My new baby will cry a lot.



Babies can't talk.  
Crying lets mom and dad know  
they need something.

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# Becoming a Big Brother

(Continued)



If crying bothers me,  
I can put on  
my headphones.



My baby might cry when I am asleep.  
This might make me mad or sad.



It is okay to feel mad or sad.  
But my new baby is going to be really cute!



Mom and dad may let me hold the baby.  
The baby is very small, and I will be gentle  
with the baby.



Even though the baby is small now,  
one day the baby  
will be able to play with me!



My baby will end up being my best friend!



I am excited to be a big brother!

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Autism Society  
of North Carolina

# Becoming a Big Sister



I am going to be a big sister!  
This means mom is going to have a new baby.



This is exciting!  
But there will be a lot of  
changes in my house.



Mom and dad may be busy with the new baby.



They still love me and I will still get  
special time with them.



My new baby will cry a lot.



Babies can't talk.  
Crying lets mom and dad know  
they need something.

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## Becoming a Big Sister (Continued)



If crying bothers me,  
I can put on  
my headphones.



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This might make me mad or sad.



It is okay to feel mad or sad.  
But my new baby is going to be really cute!



Mom and dad may let me hold the baby.  
The baby is very small, and I will be gentle  
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one day the baby  
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I am excited to be a big sister!

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