A sad story about my cat

(Insert the picture of your pet here)

I have a cat named _____.

My cat makes me happy and I love her/him.

But, my cat is very old.

My cat is very sick.

The doctors cannot make her/him feel better.

My cat is going to die soon.

When _____ dies, we won't see her/him anymore.

This means that _____ will be gone.

We will miss _____ and we will feel sad.

It is ok to feel sad. It is ok to cry.

We will always love _____.

We can look at pictures of her/him/him.

We can talk about funny and happy memories of her/him.

We will be ok.

We will love _____forever.

Autism Society of North Carolina

A sad story about my dog

(Insert the picture of your pet here)

I have a dog named _____.

My dog makes me happy and I love her/him.

But, my dog is very old.

My dog is very sick.

The doctors cannot make her/him feel better.

My dog is going to die soon.

When _____ dies, we won't see her/him anymore.

This means that _____ will be gone.

We will miss _____ and we will feel sad.

It is ok to feel sad. It is ok to cry.

We will always love _____.

We can look at pictures of her/him.

We can talk about funny and happy memories of her/him.

We will be ok.

We will love _____forever.