

Abuse is against the law

Abuse is when an adult hurts a person, and it is not an accident.

There are different kinds of abuse.

Physical abuse is when an adult hurts a person's body on purpose and it causes them pain or injury.

Emotional abuse is when an adult yells a lot, threatens to hurt a person, or says lots of mean things to the person.

Sexual abuse is when an adult touches a child's private parts.

Sexual abuse is also when an adult shows their own private parts or wants the child to touch their private parts.

Sexual abuse is also when an adult shows a child pictures or movies of private parts.

Sexual abuse is also when an adult takes pictures of a child's private parts.

Neglect is abuse too.

Neglect is when a person is not given the food, place to live, medicine, clothing or care that they need to be safe.

All abuse is against the law.

It is not ok if these things happen to me.

If anyone is hurting me, I should tell a trusted adult.

A trusted adult is someone who will help me to be safe.

My trusted adult might be a parent, a different family member, teacher or therapist.

I deserve to be safe.

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